

Kaplan International Center Sacramento

Sacramento is known as The City of Trees and is the gateway to California’s Gold Country. The Kaplan building is situated on the scenic American River and provides easy access to Sacramento’s most popular shopping, eating, and entertainment establishments. In addition, as neighbors to California State University, we are in the heart of the city’s academia. International students discover that Sacramento, the state capital, is a large city with a small town feeling known for its friendly atmosphere. Nestled between the Pacific Ocean coast and the Sierra Nevada Mountain range, Sacramento is privileged to enjoy a mild year-round climate.

Step back in time to the California Gold Rush in Old Sacramento, a town filled with historic monuments, buildings and museums. This river-front area has an early-American feel with wooden sidewalks, horse-drawn carriages and Mississippi-style riverboats.

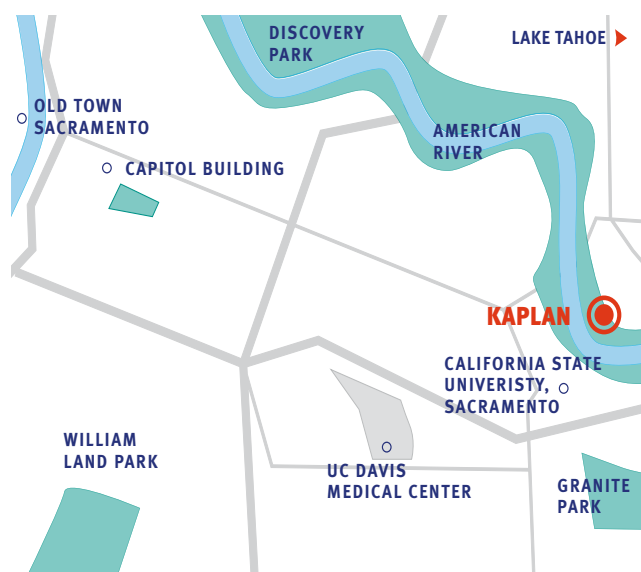
Sacramento is a safe and friendly city with lots to offer for a great student experience! Our center offers first-class modern facilities with an extensive library of self-study material to be used in center. The self-study material includes access to the center’s computer lab with several computers. There are student Internet computers available for research and email.

Kaplan International Center Educational Programs in the USA are accredited by the Accrediting Council for Continuing Education and Training.

Kaplan International Centers is a member of AAIEP (American Association of Intensive English Programs), TESOL (Teachers of English to Speakers of Other Languages) and NAESA (Association for International Educators).



Sacramento at night



Kaplan International Center Sacramento
 955 University Avenue
 Sacramento, CA 95825
 USA

Center Facilities

Classrooms

Kaplan International Center Sacramento has 7 classrooms with comfortable seating. All of our classrooms are clean and spacious with plenty of room for our students to spread out.

Multimedia and IT center

There are Internet computers and lab computers specifically for English students.

Library

Our lending library has a variety of textbooks, dictionaries, tests, reference materials, and even fiction books for casual reading. We also have multimedia materials (CDs, DVDs and CD ROMs) for students to borrow and use during their structured study hours.

Student Lounge

There is a student lounge equipped with coffee service, microwaves, a refrigerator, and vending machines.

Cafeteria

There is a spacious outdoor patio area where students can enjoy lunch in nice weather.

Sports facilities

There are 40 miles of trails along the American River, on which the center is located.

Gym facilities

There is a 24 Hour Fitness within a 10 minute drive of the center, where students can enjoy a full indoor fitness facility.

Activities/Social Program

A varied activities program is planned every month. There are also many cultural activities in Sacramento and outdoor activities such as skiing, snowboarding and rafting which students can enjoy in the surrounding area.



Multimedia room



Classroom

Your first day

On the first day of your course you need to report to the Kaplan center, which is located at 955 University Avenue, at 9:00 am. Your first day will be a Monday unless there is a national holiday on the Monday - in which case your first day will be Tuesday.

Your course will begin with an all-day introduction, which will include:

- Welcome new students, tour of center
- Break
- Placement test
- Lunch at California State University
- Orientation folders, enrollment agreement, health insurance, collect and copy student information
- Cultural information, class schedules, course information
- F-1 policies and procedures - visa information
- Homestay/apartment policies and procedures

Please bring the following with you:

- Passport and I-94 Form (paper you will receive upon arrival to the USA)
- USD \$40 book deposit
- I-20 Form (Certificate of Eligibility), if required
- Proof of health insurance, if required
- Your address in the USA
- Course payment/voucher, if available
- All your Kaplan documents and a pen and paper for notetaking purposes.

At the end of the day you will have information about your class schedule, classroom number, study level, elective course, and the hours you are to attend class. You will be assigned the most appropriate class for your level of English.

Local Information

Transport - buses and trains

Buses to all areas of Sacramento available within a 15 minute walk of the center.

Banks and Post Office

There are several banks within a 10 minute walk of the center, and there is a post office within 30 minutes of the center.

Restaurants and cafés

There are a variety of options available on campus and within a 20 minute walk off campus

Department stores and supermarkets

Within 15 minutes of the center there is a variety of stores and supermarkets.

Telephone and Internet Café

Telephone and Internet are available on campus and within a 15 minute walk of the center.



California vineyard



Reception



Kaplan students ice skating



Kaplan students

Cost of Living

Approximate prices in USD (subject to change)

Sandwich	\$6
Lunch	\$10
Hamburger	\$6
Meal in restaurant	\$15-20
Tea/Coffee	\$2-3
Tickets:	
Movie	\$8
Bus	\$2.25
Weekly metro pass or equivalent	\$100

Sample Activities Schedule

Please note that this is a sample program and activities may change.

Week one

Monday	Welcome new students!
Tuesday	Student of the month luncheon
Wednesday	Talk time coffee hour
Thursday	Kickball
Friday	Night club
Saturday	Napa Valley tour

Week two

Monday	NY Film Academy presentation
Tuesday	Running club
Wednesday	Talk time coffee hour
Thursday	Tour of Sacramento State University
Friday	Movie night
Saturday	Skiing trip to Lake Tahoe

Kaplan International Center Sacramento



Transfer Information

Kaplan Transfers

Your arrival will be at San Francisco International Airport (SFO) or Oakland International airport (OAK). You may also arrive at Sacramento International Airport (SMF), especially if port of entry is SEA, LAX, ORD, DEN, YVR, where you can catch a flight directly into Sacramento and bypass the Bay Area. We encourage student to use SMF versus SFO or OAK.

If you have booked a transfer service in advance, a Kaplan representative will be waiting for you with a Kaplan sign. Before your departure, you will receive a document confirming this information.

Independent Transfers

If you prefer to arrange your own transport from Sacramento International Airport (SMF), you can take one of the following options from SMF airport to the center:

Shuttle: approximately \$20

Taxi: approximately \$40

Car Rental: approximately \$40 - 70 per day



Kaplan Classroom



California State Capitol

Details may change. Published Jan 2010.